

Social Media Posts

You can use the social media posts provided below to share important information about prevention, testing and contact tracing with your community on social media. You can copy the posts and include the suggested images or social media graphics to share.

Prevention Posts

We all have a reason to help slow the spread of #COVID19 -- community, familia, neighbors. Whatever your reason, get behind the mask. **#WhateverYourReason** **#GetBehindtheMask** **#StayStrongNC**

<Repost video <https://www.facebook.com/899724903372054/videos/296740518290068/> (English)

<https://www.facebook.com/899724903372054/videos/3420163364711503/> (Spanish)

Remember, the best way to stop #COVID19 is to prevent it. When you leave home, be sure to practice the 3 Ws: Wear. Wait. Wash.

<Include 3 Ws image with post>

Testing Posts

Think that you may have #COVID19 and need to isolate or quarantine? There is help available! To learn more please visit <insert link> or call 2-1-1.

Been around a lot of people? Think you may have been exposed to someone with #COVID19? Find a testing place near you. <https://covid19.ncdhhs.gov/about-covid-19/testing/find-my-testing-place>

<Include Find My Testing Place image with post>

Contact Tracing Posts

We all must work together to help slow the spread of #COVID19. **#WhateverYourReason**

#AnswerTheCall.

<Include Answer the Call photo-based image with post>

If you see your local health department or NC OUTREACH on your phone, **#AnswerTheCall.**

#SlowTheSpread

<Include Answer the Call icon-based image with post>

The COVID-19 Community Team and local health departments are working hard to protect you, your family, and your neighbors from #COVID19. **#WhateverYourReason**, **#AnswerTheCall.**

<Include Answer the Call photo-based or icon-based image with post>