

# Staying apart brings us together. Protect your family and neighbors.

## Stay home if:

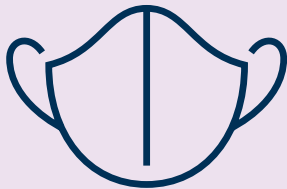


You are sick.



You are at higher risk of serious illness from COVID-19.

## If you leave home, know your 3 Ws!



### WEAR

a cloth mask over your nose and mouth.



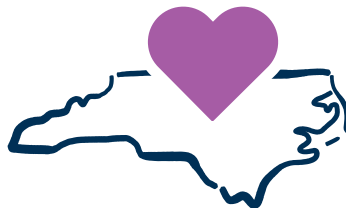
### WAIT

6 feet apart. Avoid close contact.



### WASH

your hands or use hand sanitizer.



**#StayStrongNC**

Learn more at  
[nc.gov/covid19](https://nc.gov/covid19).



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**