Infection Prevention Education Resources for Post-Acute Care Facilities

In a high-risk setting like a COVID-19 outbreak, Post-Acute Care Facilities need to have very strong infection prevention policies and practices to prevent the spread of disease. Effective infection control requires that every staff member knows your facility’s infection control policies and acts accordingly. Additionally, every staff member needs to know how and when to appropriately use PPE. This document contains resources you can use to educate your employees about infection prevention.

Infection Prevention Basics

- **Basics of Infection Prevention**: Video that teaches the basic principles of infection prevention.
- **Basic Infection Prevention in Long-Term Care Facilities**: PowerPoint presentation that teaches the basics of infection prevention. Consider sharing this PowerPoint and the above video with all staff members in your facility, including those who do not provide direct patient care.
- **Nursing Home Infection Prevention Modules**: Free modules about infection control in LTCFs that provide CNE credits. The modules “Isolation Precautions” and “Environmental Disinfection” are particularly helpful during the COVID-19 pandemic.
- **CDC Mini Webinar Series – COVID-19 Prevention Messages for Long Term Care Staff**: 5-7 minutes videos on infection prevention, PPE, and disinfection.

Hand Hygiene

- **Handwashing Video**: One-minute video demonstrating proper handwashing technique.
- **Hand Rub Video**: One-minute video demonstrating proper technique for using alcohol-based hand rub.
- **Hand Hygiene Competency Validation**: Can be used to assess hand hygiene competency for all staff members.
- **Hand Hygiene Posters**: Posters demonstrating when and how to perform hand hygiene from the World Health Organization.
- **Hand Hygiene Pocket Guides**: Pocket guides listing steps on how to use pocket hand sanitizer to prevent contaminating hands.

Appropriate Use of PPE

- **PPE Video**: Two-minute video demonstrating proper donning (putting on) and doffing (taking off) of PPE.
- **PPE Competency Validation**: Can be used to assess if all staff members know how to appropriately use PPE.
Coronavirus-Specific Resources

- **Preparing LTCs for COVID-19**: CDC webinar explaining how to implement their guidance for LTC settings.
- **COVID-19 Webinar for Congregate Living Settings**: Recommendations for COVID-19 infection prevention in congregate living settings, including LTCFs. Video starts at 27 seconds.
- **Coronavirus Visitation Signage for LTCs**: Signs you can post in your facility for transmission-based precautions and visitor screening/restriction.
- **Cohorting Residents to Prevent the Spread of COVID-19**: Instructions on how to cohort exposed or infected residents in a long-term care setting.
- **PPE Use When Caring for Patients with COVID-19**: Posters demonstrating proper PPE use in a COVID-19 outbreak.

Other Helpful Tools

- **LTC Respiratory Surveillance Line List**: Chart for recording active surveillance data in a respiratory disease outbreak.
- **PPE Conservation Guidance**: CDC recommendations for conserving and optimizing the supply of PPE.
- **Emergency PPE Requests**: In the event of a PPE shortage, supplies can be urgently requested from the Office of Emergency Medical Services.