



# Vax Up

OR



# Mask Up

## Stay Safe This Summer

Getting vaccinated is our best way out of the COVID-19 pandemic and to get back to the people, places and activities we love.

**If you are fully vaccinated**, you can now safely do most activities without wearing a mask or the need to social distance from others.

However, there are certain places where **EVERYONE** still needs to mask up, including:

	Schools, child care facilities, children's day or overnight camps
	Public transportation (airports, buses, trains)
	Health care settings like hospitals, doctor's offices and long-term care centers
	Prisons and jails
	Communal living spaces such as homeless shelters, emergency shelters and transitional housing
	Businesses and establishments that require face coverings

Masks are **strongly recommended**, but not required, for everyone at large crowded indoor events like sporting events and live performances.

**If you are NOT fully vaccinated**, it is recommended that you wear a mask in **ALL** indoor locations.

**If you haven't been vaccinated**, visit [YourSpotYourShot.nc.gov](https://YourSpotYourShot.nc.gov) to find a vaccine location near you.

YOU HAVE A  
**SPOT.**

TAKE YOUR  
**SHOT.**



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**