

DON'T WAIT TO VACCINATE

Unvaccinated people are much more likely to die from COVID-19 than **vaccinated people.**

Call **1-888-675-4567** or visit **[MySpot.nc.gov](https://www.MySpot.nc.gov)** today.

YOU HAVE A
SPOT. | TAKE YOUR
SHOT.



COVID-19 vaccines are free to everyone in North Carolina, even if you do not have health insurance and regardless of immigration status.

Even if you have a mild case of COVID-19, you may struggle with long-term effects like shortness of breath, chest pain, and brain fog.

All of these are preventable with vaccination.

Serious side effects from COVID-19 vaccines are extremely rare, temporary and treatable.

Most people just experience a sore arm, a headache and feeling tired and achy for a day or two.

Rigorous clinical trials with thousands of people aged 5 and over, and experience with COVID-19 vaccination among hundreds of millions of diverse Americans, have shown that they are safe and effective.

**Don't wait to protect yourself—
get vaccinated. [MySpot.nc.gov](https://www.myspot.nc.gov)**



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