

DON'T WAIT TO VACCINATE

Unvaccinated people are much more likely to die from COVID-19 than **vaccinated people.**

Call **1-800-CDC-INFO** or visit **[MySpot.nc.gov](https://www.myspot.nc.gov)** today.



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**



COVID-19 vaccines are available to everyone in North Carolina, regardless of immigration status.

Even if you have a mild case of COVID-19, you may struggle with long-term effects like shortness of breath, chest pain, and brain fog.

Vaccination helps protect you.

Serious side effects from COVID-19 vaccines are extremely rare, temporary and treatable.

Most people just experience a sore arm, a headache and feeling tired and achy for a day or two.

Rigorous clinical trials with thousands of people 6 months and over, and experience with COVID-19 vaccination among hundreds of millions of diverse Americans, have shown that they are safe and effective.

**Don't wait to protect yourself—
get vaccinated. [MySpot.nc.gov](https://www.myspot.nc.gov)**

NC Department of Health and Human Services
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