

## Important Notice About Your Pandemic Electronic Benefit Transfer (P-EBT)

You are receiving this letter because one or more children in your household is now eligible for additional food assistance benefits to help you buy food for your child during the COVID-19 pandemic. This program is called Child Care Pandemic-EBT (P-EBT) and is run by the North Carolina Department of Health and Human Services. You may have received (or will receive) this benefit along with other benefits that you currently receive.

Your child is eligible for benefits if they meet **BOTH** requirements below:

1. Is 5 years old or younger (as of September 1, 2021), **and**
2. Is a member of a household that receives Food and Nutrition Services (FNS)

If your child turns 6 years old during the school year, they may continue to receive Child Care P-EBT as long as 1) they are still included in an active FNS case **and** 2) they do not participate in Student P-EBT.

There is no application for P-EBT. P-EBT eligibility will be determined each month based on the status of the child's FNS case. If the child is no longer included in an active FNS case, P-EBT benefits will end with the last month of FNS.

A statewide benefit amount will be set each month and issued to all children who meet the eligibility requirements above. All eligible children in North Carolina will receive the same amount, but this amount will likely change each month. The schedule of each month's issuance and the benefit amounts will be posted to the P-EBT website [www.ncdhhs.gov/PEBT](http://www.ncdhhs.gov/PEBT).

The P-EBT benefits will be added to your active FNS EBT card.

### How to manage your EBT card and check the balance:

There are three ways to check your balance, replace your card, or activate/PIN your card:

1. Visit [www.ebtedge.com](http://www.ebtedge.com). Click on "More Information" under EBT Cardholder, then login and/or register your account.
2. Download and use the **ebtEDGE** mobile app (available on Google Play or Apple Store).
3. Contact the North Carolina **EBT Call Center at 1-888-622-7328** and follow the automated instructions.

The EBT card can be used to purchase food items at EBT authorized retailers, including most major grocery stores.

#### Items you CAN Buy with an EBT Card:

- Breads, cereals, fruits, vegetables
- Meats, fish, poultry, dairy products
- Bottled water and non-alcoholic beverages
- Seeds and plants that produce food

#### Items you CANNOT Buy with an EBT Card:

- Beer, wine, liquor, cigarettes, tobacco
- Any nonfood items, such as: pet foods, soaps, household supplies, vitamins, medicine
- Hot foods or food that is already prepared

### Other Key Information and Questions

Receiving P-EBT benefits does not impact your immigration status and will not impact a future immigration application you may file. Selling FNS or P-EBT benefits for cash is illegal and punishable by criminal prosecution. You do not have to spend all benefits at once. The benefits you receive will remain available up to 365 days after issuance.

If you have questions about P-EBT, visit North Carolina's P-EBT website at [www.ncdhhs.gov/PEBT](http://www.ncdhhs.gov/PEBT) and view answers to Frequently Asked Questions (FAQs). If your question is not answered on the website, you can call the EBT Call Center at 1-866-719-0141.