



## Voting Safely During COVID-19

As NC residents prepare to vote this election season, both polling locations and voters have a role to play in reducing exposure to COVID-19. Election officials have been asked to create and implement plans to minimize viral spread at polling locations, including encouraging mask wearing, and sanitation protocols. Voters also have the responsibility to protect themselves and others during the voting process.

### Voting Guidelines

For all North Carolina voters, be prepared to vote during the [2022 elections](#) by:

- Confirming your [voter registration status](#).
- [Verifying your voting location](#) in advance.
- Reviewing your sample ballot in advance of voting to reduce time at your polling place. Sample ballots are available through the State Board of Elections' [Voter Search](#) tool.

### In-Person Voting Guidelines

If you plan to vote in-person, the Centers for Disease Control and Prevention (CDC) and NC Department of Health and Human Services (DHHS) recommend the following protective measures:

- **Stay up to date with COVID-19 vaccines and boosters.** This is particularly critical for those over age 65, those who are immunocompromised, those with underlying medical conditions, and healthcare workers.
- If you are immunocompromised, high risk for severe disease, unvaccinated, or not up to-date on COVID-19 vaccines, **consider wearing a mask for an added layer of protection.**
- **Consider voting at off-peak times**, such as mid-morning, to avoid crowds.
- **Stay home if you do not feel well.** Voters are encouraged to isolate away from people if they are experiencing flu-like symptoms. If you or a household member is experiencing any [COVID-19 symptoms](#), contact your health care provider about getting tested. If you do visit a voting site when you are experiencing symptoms, **vote curbside** rather than entering the voting place.

### Additional Resources

- NCDHHS: [North Carolina COVID-19](#)
- [State Board of Elections](#)