DECLINING TO VACCINATE TODAY WITH COVID-19 VACCINE:

Why Are Our Staff Vaccinated Here at Pediatrics? As your "Patient-Centered Medical Home", it is our responsibility as pediatricians to protect you. Pfizer COVID-19 vaccine (very effective and very safe) will establish excellent protection for your family and would drastically reduce the COVID-19 risks 4 weeks after completing the 2-dose schedule. This is why 36 of our staff (97%, Pediatricians, Pediatric Nurse Practitioners, RNs, and other clinical and office staff) have been fully vaccinated months ago, and we now don't have to worry about all of this. Most of our staff's extended families (grandparents, spouses, sisters, brothers, children over 16, etc.) have also been vaccinated. All have done well. "Fully Vaccinate All, Wait 4 weeks, and Return to Life."

THE CONSEQUENCES OF DECLINING OR DELAYING THE VACCINE ARE AS FOLLOWS:

- 1. Declining or delays <u>may</u> result in <u>YOUR death, or long-term or permanent health damage from COVID-19</u>. 30% of COVID-19 survivors are still having problems 6+ months later, even with milder cases, including neurologic and mental health problems, "COVID brain", memory, concentration & sleep problems, depression, prolonged pulmonary & cardiac problems, weakness, and fatigue, etc. ... many of these never fully resolve. <u>It is unfortunate to be young and have preventable problems especially if chronic</u>.
- 2. Declining or delays <u>may</u> result in being <u>inadvertently responsible for the death, or long-term or permanent health damage, of OTHERS (friends, relatives, neighbors, and coworkers) from COVID-19. See the discussion above.</u>
- 3. Even limited declination or delays in the general population will prolong the pandemic, slow us from quickly ending this continued partial shut-down, saving our restaurants and small businesses, jobs, and getting back to life without economic calamity.
- 4. **Even limited declination or delays will slow full and safe reopening of schools and universities.** Many students have already effectively lost a year or more of learning, and some will never catch up, just give up or have resulting mental health challenges.
- 5. **Even limited declination or delays will slow full and safe reopening of churches and places of faith**. With no (or "virtual-only") church attendance for long durations, some will lose interest and never return to church.
- 6. Even limited declination or delays will <u>slow full return to safe unrestricted travel</u>, such as vacations, "road-trips", airlines, tours, cruises, and <u>attend sports, concerts, weddings, family reunions, summer camps, Scouts, and other public events</u>.
- 7. **Even limited declination or delays will slow full safe and unrestricted fun**, with friends and gatherings, sports, concerts, camps, large gatherings, and parties, and fully return to life as usual, without masks, social distancing, etc. (we are "DONE with this").
- 8 Even limited declination or delays before the next more deadly and more contagious variants arrive may give you no time to vaccinate by the time they infect you (Even if started 1st COVID shot today, it would take 5-7 weeks to reach adequate COVID-19 protection). Example: In April 2021 Brazil had 2000-4000 COVID variant deaths/day, and many more with the variant in India..

 Fortunately, the Pfizer vaccine appears excellent against all new variants so far seen. Having prior COVID disease does NOT protect you. This is a race to immunize before a 4th wave from another variant we are currently way behind on immunizations.
- 9. Even limited general public declination or delays will <u>NOT enable us to achieve the high rates of vaccination needed to QUICKLY END THIS PANDEMIC</u>. 70% will help us to slow it down, but potentially will not stop it before the next more contagious variant arrives in the US. Just slowing it down is not a realistic long-term option to quickly <u>END</u> the pandemic.
- 10. Declination or delays to vaccinate will negate a simple solution: "Fully Vaccinate All, Wait 4 weeks, and Return to Life."

☐ I AM HEREBY DECLINING TO VACCINATE with the Pfizer COVID-19 vaccine today at		, and am willing to accept
the consequences of risking COVID-19 disease for my	yself, family, and community.	
Patient's name:	, Date of birth:	
Patient/Parent Signature:	, Relationship:	, Date:
☐ Already scheduled	elsewhere: Where?	, When?
Patient/parent is <u>unwilling to sign this declination</u> of C	OR OFFICE USE ONLY, BELOWCOVID-19 Vaccination (signed by staff member):	
Signature:	, Position:	, Date: